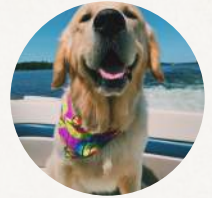


# Tranquil Paddling and Relaxation in Smiths Falls

## Start Here

**09:00-09:30**  
**SMITHS FALLS PEDAL & PADDLE**

- (613) 285-9577**
- Canoe, SUP, or Kayak Rentals
  - Rental package encompasses canoes, kayaks, and a Rideau Canal paddle pass
  - By appointment 7 days a week



## Next Stop

**09:30-10:15**  
**GET YOUR PICNIC BASKET FROM LOCAL EATERIES**

**Boomtown**

Includes craft beer or mocktails

**27 Beckwith St N**  
**(613) 283-2283**

**C'est Tout Bakery & Bistro**

Gluten free & Vegan options available

**20 Beckwith St N**  
**(613) 284-0774**

**The Dessert Plate**

Gluten free bread & dessert options available

**5 Main St W**  
**(613) 205-0558**

Explore more options



## Next Stop

**10:15-14:30**  
**PADDLING - SMITHS FALLS MARSHLANDS AND POONAMALEE LOCK STATION ROUTE**

- Launch at Lower Reach Park (Old Slys Rd)
- Look for Teeming flora and fauna in marshlands
- Picnic at the charming Poonamalee Lock Station
- Conclude your paddling adventure at Centennial Park (2-22 Confederation Dr)

Route Information



## Next Stop

**14:30-16:30**  
**RAILWAY MUSEUM OF EASTERN ONTARIO**

**90 William St W**  
**(613) 283-5696**

- Impressive collection of rolling stock and inspection vehicles
- Seasonal events, including afternoon tea served in an antique dining car and train rides



## Shop Here

**16:30-18:30**  
**SHOPPING IN DOWNTOWN SMITHS FALLS**

**Gemmell's Flowers Ltd**

vibrant fresh-cut flowers, lush plants, gifts

**39 Beckwith St N**  
**(613) 283-7666**

**The Craft Witch**

Arts & Craft Supply Boutique

**9 Russell St E**  
**(613) 698-1717**

Explore local stores



## End Here

**18:00**  
**INDULGE IN A DELECTABLE DINNER**

**SIP**

Pizza, salad, dessert & craft beers

**7 Russell St W**  
**(613) 283-9126**

**The Vault Eatery & Pub**

Burger, Pad Thai, salads

**12 Russell St E**  
**(613) 283-7009**

Explore more options



Location on Google Map

