

# Tranquil Paddling and Relaxation in Smiths Falls

## Start Here

09:00-09:30

### SMITHS FALLS PEDAL & PADDLE

(613) 285-9577

- Canoe, SUP, or Kayak Rentals
- Rental package encompasses canoes, kayaks, and a Rideau Canal paddle pass
- By appointment 7 days a week



## Next Stop

09:30-10:15

### GET YOUR PICNIC BASKET FROM LOCAL EATERIES

**C'est Tout Bakery & Bistro**

Gluten free & Vegan options available

20 Beckwith St N  
(613) 284-0774

**Sagar**

Indian cuisine

21 Main St E  
(613) 284-1117

**The Picked Pig**

Sandwich, salad, cake and beverage

36 Beckwith St N  
(613) 283-7707

Explore more options



## Next Stop

10:15-14:30

### PADDLING - SMITHS FALLS MARSHLANDS AND POONAMALEE LOCK STATION ROUTE

- Launch at Lower Reach Park (Old Slys Rd)
- Look for Teeming flora and fauna in marshlands
- Picnic at the charming Poonamalee Lock Station
- Conclude your paddling adventure at Victoria Park (30 Lombard St)

Route Information



## Next Stop

14:30-16:30

### SMITHS FALLS HERITAGE HOUSE MUSEUM

11 Old Slys Rd

(613) 283-6311

- Restored Victorian period rooms with authentic artifacts
- Hosts a plethora of engaging events
- Featuring artworks by talented local artists



## Shop Here

16:30-18:30

### SHOPPING IN DOWNTOWN SMITHS FALLS

**Arlie's Books**

Quality books, puzzle, pastimes

14 Beckwith St S  
(613) 283-0116

**Toy Heaven**

Toys, games, On-site Virtual Reality

14 Russell St E  
(613) 883-3636

Explore local stores



## End Here

18:00

### INDULGE IN A DELECTABLE DINNER

**Milano Pizzeria**

Pizza, mini donuts, fried chicken

14 Main St E  
(613) 283-3333

**Ger-Bo's Steakhouse Family Restaurant**

Steaks, pizzas and Italian cuisine

11 Beckwith St S  
(613) 283-4940

Location on Google Map

